	Class Schedule - Weekly Grinds 2025-2026				
Week	From	Τ	То		
1	Monday	01-Sept	Saturday	06-Sept	
2	Monday	08-Sept	Saturday	13-Sept	
3	Monday	15-Sept	Saturday	20-Sept	
4	Monday	22-Sept	Saturday	27-Sept	
5	Monday	29-Sept	Saturday	04-Oct	
6	Monday	06-Oct	Saturday	11-Oct	
7	Monday	13-Oct	Saturday	18-Oct	
8	Monday	20-Oct	Saturday	25-Oct	
No Classes	Monday	27-Oct	Saturday	01-Nov	Mid Term
9	Monday	03-Nov	Saturday	08-Nov	
10	Monday	10-Nov	Saturday	15-Nov	
11	Monday	17-Nov	Saturday	22-Nov	
12	Monday	24-Nov	Saturday	29-Nov	
13	Monday	01-Dec	Saturday	06-Dec	
14	Monday	08-Dec	Saturday	13-Dec	
15	Monday	15-Dec	Saturday	20-Dec	
No Classes	Monday	22-Dec	Saturday	27-Dec	Christmas
No Classes	Monday	29-Dec	Saturday	03-Jan	Christmas
16	Monday	05-Jan	Saturday	10-Jan	
17	Monday	12-Jan	Saturday	17-Jan	
18	Monday	19-Jan	Saturday	24-Jan	
19	Monday	26-Jan	Saturday	31-Jan	
20	Monday	02-Feb	Saturday	07-Feb	St Brigid's Bank Holiday. Classes as normal this week including Bank Holiday Monday 2nd February 2026.
21	Monday	09-Feb	Saturday	14-Feb	
No Classes	Monday	16-Feb	Saturday	21-Feb	Mid Term
22	Monday	23-Feb	Saturday	28-Feb	
23	Monday	02-Mar	Saturday	07-Mar	
24	Monday	09-Mar	Saturday	14-Mar	
No Classes	Monday	16-Mar	Saturday	21-Mar	St Patricks Day
25	Monday	23-Mar	Saturday	28-Mar	
No Classes	Monday	30-Mar	Saturday	04-Apr	Easter
No Classes	Monday	06-Apr	Saturday	11-Apr	Easter
26	Monday	13-Apr	Saturday	18-Apr	
27	Monday	20-Apr	Saturday	25-Apr	
28	Monday	27-Apr	Saturday	02-May	
29	Monday	04-May	Saturday	09-May	May Bank Holiday. No classes Bank Holiday Monday 4th May 2026. Classes as normal Tuesday 5th to Saturday 9th May 2026.

## Notes

Classes will be taught on Bank Holiday Monday 2nd February 2026.

Classes will not be taught on Bank Holiday Monday 4th May 2026. These classes will be taught on Monday 11th May 2026.